

# Signs your week old baby is feeding well

## Nappies



5-6 wet nappies in 24 hours



At least 2 dirty nappies in 24 hours

## Feeding



10-12 feeds in 24 hours

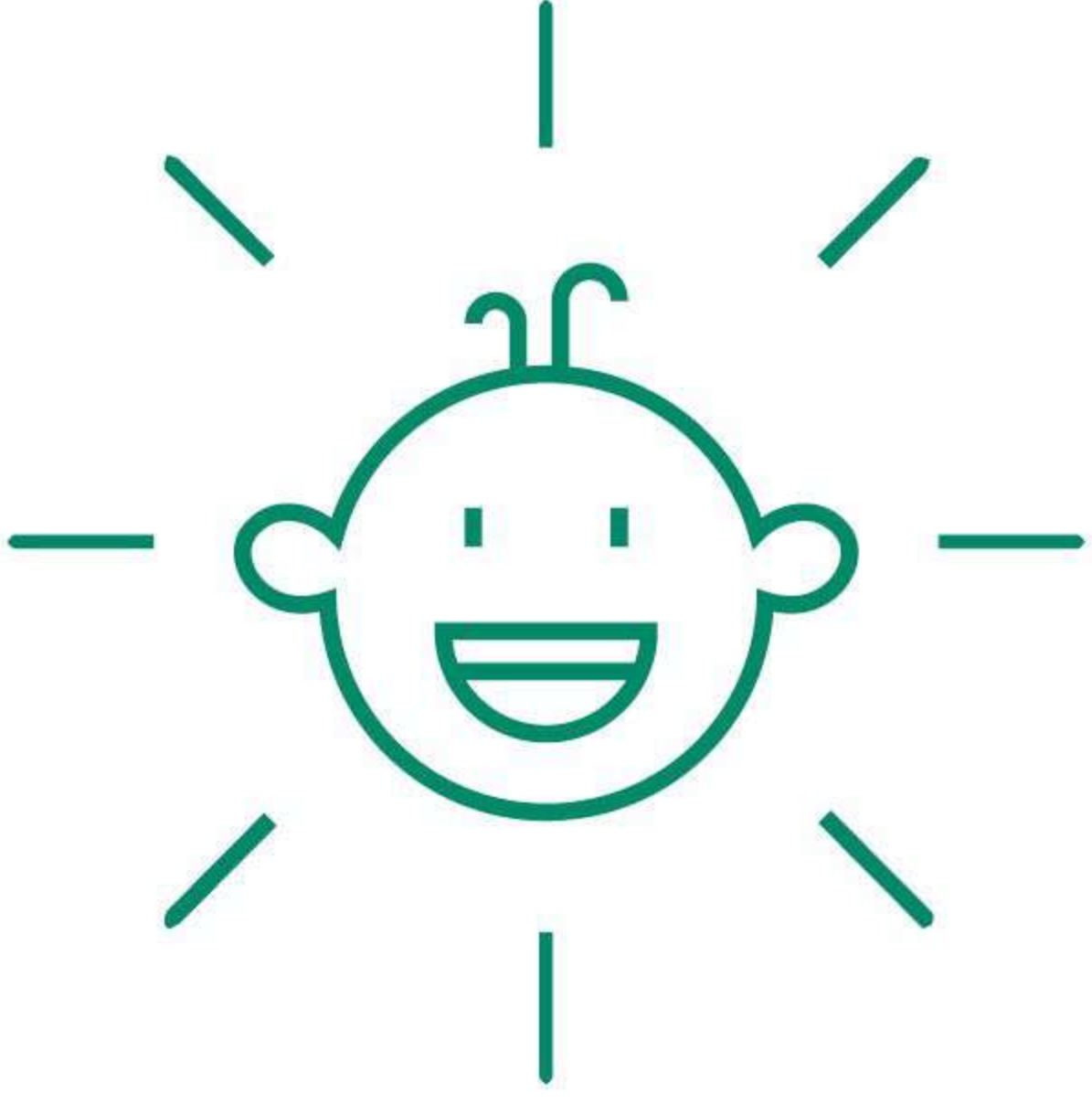


2-3 night feeds

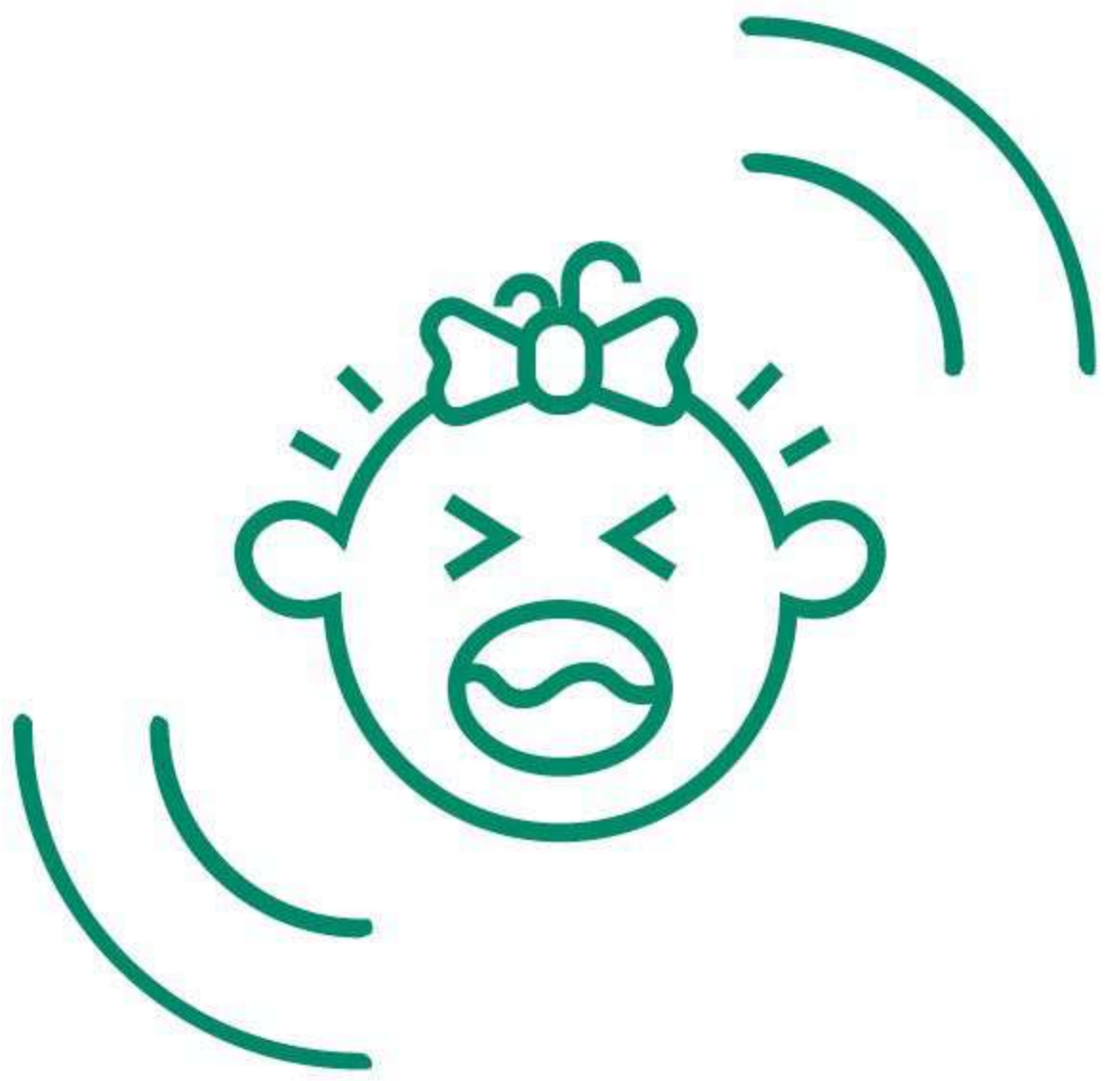


Cluster feeds in the evening

## Behaviour



Periods of alertness



Wake themselves up to feed